



## Andean Spirit - Shaman Journey : 7D

from : USD 4500.00

SEASON	All year
DURATION	7 days /6 nights (Lima - Lima)
FITNESS LEVEL	Active - Easy
DEPARTURE DATES	Available on request
ACTIVITIES	Native ceremonies, culture & nature exploration

Embark on a profound exploration of the spiritual heartlands of the Incas with our Shamanic Expedition. Discover the awe-inspiring Sacsayhuaman, the Temple of the Sun, and the mystical depths of the Peruvian Amazon.

This transformative journey to the Amazon is a sacred pilgrimage back to nature, a return to the roots that bind us all. Immerse yourself in the wisdom of the jungle as you learn about the properties of medicinal plants cherished by humanity for generations. More than a mere adventure, this shamanic journey serves as a powerful tool for spiritual growth and personal healing.

### DAY 1: ARRIVAL IN CUSCO

Upon arrival at the airport, you will be warmly welcomed and transferred to your hotel.  
Overnight stay in Cusco

### DAY 2: SACSAYHUAMAN- TEMPLE OF THE SUN

After a nourishing breakfast, we venture to the remarkable Sacsayhuaman Archaeological Park, also known as the "House of the Sun." This site comprises temples, palaces, and astronomical observatories, with walls constructed from stones weighing up to 130 tons each, positioned with extraordinary precision. Your guide will introduce you to key principles of Andean philosophy, laying a foundation for the journey ahead. The day includes a gratitude ceremony to Pacha Mama or Mother Earth.

Overnight stay in Cusco (B/BL).

### DAY 3: MANU CLOUDFOREST - INCA TRAIL AND TUNKIS

An early start from your Cusco hotel takes you through the majestic Andean mountains, passing charming communities like Paucartambo and Ninamarca, where pre-Inca chullpas of the LUPACAS culture stand. Ascending the final mountain to Acjanaco, the entrance to MANU NATIONAL PARK, we embark on a 6.5 km hike (approximately 3 hours) along the old Inka trail to the Amazon. Descending into the lush cloud forest, home to diverse flora and fauna, we encounter epiphytes, orchids, and bromeliads. Continuing by bus, we reach our lodge in Sapan Sachayoq in the afternoon. Here, we explore the forest in search of the Andean Cock-of-the-Rock, toucans, trogons, quetzals, monkeys, and, with luck, the South American spectacled bear.

Overnight in a cloud forest lodge (BL/D)

### DAY 4: SAPAN SACHAYOQ ? ATALAYA - OPTIONAL CEREMONY

After breakfast, a 2 to 3 -hour exploration hike in a pristine forest takes us to the Qoyachayoq waterfall, offering opportunities to spot monkeys, hummingbirds, and other species. Later, we drive to the Patria and Pilcopata valley. In the afternoon, we visit a hummingbird sanctuary, to observe numerous hummingbird species, King vultures, and groups of monkeys . The day concludes at the port of Atalaya, where a motorized boat takes us to a small Lodge. Free time to enjoy and relax in the lodge's hammocks. At night, the local shaman leads the Ayahuasca ceremony (Optional).

Overnight in a local lodge (B/L/D).



## DAY 5: RAINFOREST LODGE

Morning exploration of the Amazon rainforest, witnessing giant trees and diverse wildlife, including capuchin, woolly, and howler monkeys, as well as various birds. In the afternoon, we visit the mammal clay lick to observe the nighttime activity of tapirs, peccaries, deer, and, hopefully, jaguars. Note: Night walks are organized by our guides and will depend on the weather conditions.

Overnight in a local lodge (B/L/D)



## DAY 6: ATALAYA - CUSCO

Early packing for the return journey after a wholesome breakfast. En route, stops are made to admire wildlife such as the Andean Cock-of-the-Rock and quetzals. Arrived in Cusco around 6:00 p.m.

Overnight stay in Cusco (B/L/D)

## DAY 7: RETURN JOURNEY

After breakfast, you will be transferred to the airport for your return flight.

**End of our service. (B)**

\* We recommend considering a couple of extra days for side trips to the sacred valley & Machu Picchu.

### Included

TRANSPORT	Domestic flights, private transport for tours, including boats and trains.
HOTEL	Hotel ***3 / Jungle Lodge 3
TOURS	According to program, ceremonies and meditation+ Guide.
ENTRANCE FEE / PERMITS	Jungle national parks.
MEALS	Bx6  Lx3  Dx3
STAFF	Bilingual Guide /Cooks /Healers

### Not included

EXTRAS	International flights, travel insurance, tips, tours & meals not mentioned in the itinerary.
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## Rates 2024

### 2024 cost per person in US dollars

Service	1 Pax	2 Pax	3 Pax
Private	UP TO REQUEST	US 4,500	US 3,700

Double accommodation

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Printed on: 12/03/2025 (dd/mm/yy)